

## Pre-Ramadan Personal Checklist: 11 Hacks to Get You Ready for Ramadan

- 1. Refresh your knowledge.
- 2. Practice fasting on Monday and Thursday.
- 3. Clean up! clean up! clean up!
- 4. Write down top goals.
- 5. Create quality Qur'an time.
- 6. Get minimal.
- 7. Choose a buddy.
- 8. Create awareness.
- 9. Set a challenge for self improvement.
- 10. Countdown to day one.
- 11. Purify intention.